

HOBBS HILL WOOD PRIMARY SCHOOL

Whole School Food Policy

Committee	School Improvement
Author	Hobbs Hill Wood Primary School
Approved By Governing Body	3 July 2024
Frequency of Review	4 years
Next review Date	Summer 2028

Our Vision

Aiming for excellence; creating equal opportunities for each individual to develop academic and life skills so they can make a positive contribution to their community and become lifelong learners.

Our Mission

Inspiring confident and independent learners

Our Values

We believe that children should be able to enjoy the rights and uphold the responsibilities of the school charter.

School Charter

We have the right to:	We have a responsibility to:
Be safe in school and online	Behave in a safe way
Learn	Listen and try our best
Be supported with our learning	Support and help each other
Be happy, play and have fun	Share, be kind, polite and considerate towards others
Be respected and treated fairly	Be helpful and responsible
A clean and purposeful environment	Recycle and keep the class and school environment tidy
Speak and be heard	Listen and respect each other's opinion

Formation

The Governing Body gave approval in 2010 and reviewed in 2024.

Statement

This school aims to ensure that all aspects of food and nutrition in school promote the health and well-being of pupils, staff and visitors to our school.

Food education should:

- ensure that we are giving consistent messages about food and health
- give pupils the information they need to make healthy choices
- promote health awareness
- contribute to the healthy physical development of all members of our school community
- encourage all children to eat fruit and vegetables regularly
- help children be aware of food from other cultures

Snacks

Pupils in all key stages are offered fruit each day from the Free Fruit Scheme. Pupils may bring a healthy snack for break time – fruit/biscuit (chocolate is not permitted).

School lunches and packed lunches

All our school meals are provided by Radish which has a healthy food policy and nutritional standards as part of their tender. This includes the use of fresh fruit and vegetables each day as a choice for the children. They provide four options (hot, vegetarian, sandwich, jacket potato), all of which pay regard to nutritional balance and healthy options. Menus are sent home to parents so that they can discuss with their children what they are going to choose to eat.

Many children bring a packed lunch to school. Children are made aware of the importance of healthy food in their lunch boxes. Sweets, chocolate bars and fizzy drinks are discouraged.

Water

Children are given the opportunity to buy a water bottle from school. Water is freely available throughout the school day to all members of the school community. Children may drink their water during lesson times. FS and KS1 children who do not have school milk are provided with water at snack time. Water coolers are available for children and staff in the dining room.

Food across the curriculum.

In all key stages there are a number of opportunities for pupils to develop knowledge and understanding of health, including healthy eating patterns and practical skills that are needed to understand where food comes from such as shopping, preparing and cooking food. Curriculum areas give the following opportunities:

- Literacy - to explore poetry, persuasion, argument and narrative work using food and food related issues as a stimulus for their work. E.g. writing a letter of complaint to a café
- Maths - for calculating quantities, weighing and measuring, using spreadsheets for shopping activities

- Science - to learn about the types of food available and how they contribute to health.
- PE - to understand the benefits of exercise and how the body responds.
- RE – to discuss the role of certain foods in the major religions of the world and their association with religious festivals.
- DT including food technology – to learn where food comes from and applying healthy eating messages through practical work with food, including preparation and cooking. There is a specific programme for cooking as part of the curriculum.
- History – to give an insight into changes in food and diet over time
- PSHE – to encourage pupils to take responsibility for their own health and well-being and how to develop healthy life styles.

Partnership with parents and carers

The partnership of home and school is critical in shaping how children behave, particularly where health is concerned. Parents and carers are regularly updated on our water and packed lunch policies through newsletters. Parents are required to inform the school of any allergies. Photo ID for children with allergies is displayed in the kitchen. The school is sensitive to children's dietary needs.

Responsibilities

It is the responsibility of all members of staff to ensure that this policy is followed.

Equal Opportunities

This policy applies to all regardless of race, religion, ability, gender, background or disability.

Review

This policy will be reviewed by the Governing Body in 2028.